



**Midday Prayers 2023:  
Transformation-Now!  
18<sup>th</sup>-28<sup>th</sup> May: Thy Kingdom Come**

**In praying 'Thy Kingdom Come' we all commit to playing our part in the renewal of the nations and the transformation of communities. Archbishop Justin Welby**

**As part of Mothers' Union's engagement with *Thy Kingdom Come* our special Midday Prayers for its duration focus on the daily themes for this year and material from the *Thy Kingdom Come* resources.**

**Thursday 18<sup>th</sup> May: Ascension Day**

Jesus lifted up his hands and blessed them. While he was blessing them, he left them and was taken up into heaven. *Luke 24:50-51*

Almighty God,  
your ascended Son has sent us into the world to preach the good news of your kingdom: inspire us with your Spirit and fill our hearts with the fire of your love,  
that all who hear your word may be drawn to you, through Jesus Christ our Lord. **Amen**

**Glory to God,  
whose power, at work among us,  
can do infinitely more  
than we can ask or conceive;  
to him be glory in the Church  
and in Christ Jesus,  
for ever and ever. Alleluia. Amen**

**Wave of Prayer for Mothers' Union**

Lord, we pray for the witness and work of Mothers' Union worldwide. Today we pray for our members in: Grahamstown in South Africa; Masasi in Tanzania; Afikpo in Nigeria; Wiawso in Ghana; Chester in England and Northern Argentina in Argentina

**Final blessing**

**We go in the power of Christ,  
who taught us to pray *thy Kingdom come*;  
to share his love as we serve his world.  
Amen**

**Friday 19<sup>th</sup> May: Our Father in Heaven loves**

God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. *John 3:16*

**Loving God, we respond to your amazing love by serving you in all that we do.**

But sometimes we feel tired and when we do, we ask that you will refresh us.  
Sometimes we feel we have let you down and when we do, we ask that you will pick us up.  
Sometimes we feel we have disowned you and when we do, we ask that you will put your gentle arms of love around us.

**Then, when we are refreshed, picked up and helped by you, Lord,  
send us out into the community  
to continue to serve you  
in response to your amazing love. Amen**

*Revd Richard Teal*

**Wave of Prayer for Mothers' Union**

Lord, we pray for the witness and work of Mothers' Union worldwide. Today we pray for our members in: Grahamstown in South Africa; Masasi in Tanzania; Afikpo in Nigeria; Wiawso in Ghana; Chester in England and Northern Argentina in Argentina

**Final blessing**

**We go in the power of Christ,  
who taught us to pray *thy Kingdom come*;  
to share his love as we serve his world.  
Amen**

**Sat 20<sup>th</sup> May: Our Father in Heaven speaks**

In the past God spoke to our ancestors through the prophets at many times and in various ways, but in these last days he has spoken to us by his Son. *Hebrews 1:1-2*

**Open our ears, glorious Lord Christ,  
to hear the music of your voice  
above the chaos of this world;  
open our eyes to see the vision of your glory,  
for you are our King, now and for ever.**

Lord Christ, true light of the world, shine, we pray, in the hearts of your people, that we might see the Way that leads to eternal life, and follow without stumbling.

**For you are the Way, O Christ,**



as you are th **ie Life. Amen**

### **Wave of Prayer for Mothers' Union**

Lord, we pray for the witness and work of Mothers' Union worldwide. Today we pray for our members in: Grahamstown in South Africa; Masasi in Tanzania; Afikpo in Nigeria; Wiawso in Ghana; Chester in England and Northern Argentina in Argentina

### **Final blessing**

**We go in the power of Christ,  
who taught us to pray *thy Kingdom come*;  
to share his love as we serve his world.  
Amen**

### **Sunday 21<sup>st</sup> May: Our Father in Heaven creates**

In the beginning God created the heavens and the earth. God saw all that he had made, and it was very good. *Genesis 1:1, 31*

**Holy God, you are the beginning and the end, the source of all that is and the hope for all that is to come.**

You hold all things together and everything that is exists under your shadow. Shape our world, our communities and our lives by this conviction.

**By your grace and mercy made known in Jesus and emboldened by your Spirit, help us to bear witness to all that we know and experience of you. Amen**

*Revd John Hellyer*

### **Wave of Prayer for Mothers' Union**

Lord, we pray for the witness and work of Mothers' Union worldwide. Today we pray for our members in: Christ the King in South Africa; East Rwenzori in Uganda; Gombe & New Busa in Nigeria and Bunbury in Australia

### **Final blessing**

**We go in the power of Christ,  
who taught us to pray *thy Kingdom come*;  
to share his love as we serve his world.  
Amen**

### **Monday 22<sup>nd</sup> May: Our Father in Heaven gives**

See what great love the Father has lavished on us, that we should be called children of God!  
And that is what we are! *1 John 3:1*

**All-gracious God, By your creative word you brought the world to birth.**

In your generous love you made the human family, that we might see your glory and live forever in your presence.

This gift is so great and so wonderful. Help us to ever remember that this gift is not just for us, but for all people; not for us to give, but for all to receive.

**May your generous love be known in us, that we may share the richness we already know, in Jesus Christ our Saviour. Amen**

### **Wave of Prayer for Mothers' Union**

Lord, we pray for the witness and work of Mothers' Union worldwide. Today we pray for our members in: Christ the King in South Africa; East Rwenzori in Uganda; Gombe & New Busa in Nigeria and Bunbury in Australia

### **Final blessing**

**We go in the power of Christ,  
who taught us to pray *thy Kingdom come*;  
to share his love as we serve his world.  
Amen**

### **Tues 23<sup>rd</sup> May: Our Father in Heaven walks with us**

As God has said: I will live with them and walk among them, and I will be their God, and they will be my people. *2 Corinthians 6:16*

**Gracious God, you call us on a journey to grow in grace and holiness.**

As we travel on that journey give us an assurance of your loving presence, that, filled with your Spirit, we may work with you, and our fellow pilgrims, in the transformation of our churches and our communities so that they become signs of your kingdom of justice and joy. **Amen**



Revd Ian Howarth

### Wave of Prayer for Mothers' Union

Lord, we pray for the witness and work of Mothers' Union worldwide. Today we pray for our members in: Christ the King in South Africa; East Rwenzori in Uganda; Gombe & New Busa in Nigeria and Bunbury in Australia

### Final blessing

**We go in the power of Christ,  
who taught us to pray *thy Kingdom come*;  
to share his love as we serve his world. Amen**

### Wed 24<sup>th</sup> May: Our Father in Heaven listens

I call on you, my God, for you will answer me;  
turn your ear to me and hear my prayer.  
*Psalms 17:6*

**Let us be swift to approach God's throne.  
His ear is open to our prayers.  
His mercy draws us close;  
his grace is all we need.**

He will hear our voice  
as we whisper our prayers.  
He will meet our needs  
from the riches of his grace.

May we cherish these times:  
precious moments with God,  
to pour out our hearts  
and listen for his reply.

**Heavenly Father, hear our prayers,  
as we open our hearts to you.  
Amen**

### Wave of Prayer for Mothers' Union

Lord, we pray for the witness and work of Mothers' Union worldwide. Today we pray for all our members throughout the world and for the work of Mothers Union in our own diocese.

### Final blessing

**We go in the power of Christ  
who taught us to pray *thy Kingdom come*;  
to share his love as we serve his world.  
Amen**

### Thursday 25<sup>th</sup> May: Our Father in Heaven saves

God saved us, not because of righteous things we had done, but because of his mercy. He saved us through the washing of rebirth and renewal by the Holy Spirit. *Titus 3:5*

**Transforming God, make me more like Jesus.**

And because I know my life is not like that, show me Jesus today.

**Change my prayer  
from asking things for myself  
to asking you what you would like for me,  
so that my life can be part of your story.**

And help me to pray for others,  
that they may know Christ for themselves.

**Transforming God, make me more like Jesus. Amen**

### Wave of Prayer for Mothers' Union

Lord, we pray for the witness and work of Mothers' Union worldwide. Today we pray for our members in: Bor in South Sudan; Mount Kilimanjaro in Tanzania; Oru & Oleh in Nigeria; Rockhampton in Australia and Agra in India

### Final blessing

**We go in the power of Christ,  
who taught us to pray *thy Kingdom come*;  
to share his love as we serve his world.  
Amen**

### Fri 26<sup>th</sup> May: Our Father in Heaven encourages

Do not fear, for I am with you;  
do not be dismayed, for I am your God.  
I will strengthen you and help you;  
I will uphold you with my righteous right hand.  
*Isaiah 41:1*

**Loving God,  
our hearts are restless  
till they find their rest in you.**



Be my rest and my security,  
for the storms are raging  
and the waves crash over.

Help me to know today  
that all that is good comes from you  
and will return to you in the silence  
of your eternal and never changing love.

**Be with me as I hold myself and hold  
others in your loving embrace. Amen**

### **Wave of Prayer for Mothers' Union**

Lord, we pray for the witness and work of  
Mothers' Union worldwide. Today we pray for our  
members in: Bor in South Sudan; Mount  
Kilimanjaro in Tanzania; Oru & Oleh in Nigeria;  
Rockhampton in Australia and Agra in India

### **Final blessing**

**We go in the power of Christ,  
who taught us to pray *thy Kingdom come*;  
to share his love as we serve his world.  
Amen**

### **Sat 27<sup>th</sup> May: Our Father in Heaven empowers**

God's divine power has given us  
everything we need for a godly life  
through our knowledge of him who called us  
by his own glory and goodness. *2 Peter 1:3*

**Lord God, stir, we pray, in every heart a  
longing for you.  
Grant us discernment that we may  
recognise your direction;  
grant us courage that we may step out and  
follow; and grant us deep trust in you,  
loving God, the one who holds and  
promises never to abandon us.**

As we follow you, Lord God,  
we pray that in the power of your Spirit,  
you will illumine your people with your light,  
that you will form the lives  
of those who commit to you,  
that every aspect of our lives together  
will point to Jesus  
and that your people will be a blessing to many.  
**Amen**

*Revd Heather Morris*

### **Wave of Prayer for Mothers' Union**

Lord, we pray for the witness and work of  
Mothers' Union worldwide. Today we pray for our  
members in: Bor in South Sudan; Mount  
Kilimanjaro in Tanzania; Oru & Oleh in Nigeria;  
Rockhampton in Australia and Agra in India

### **Final blessing**

**We go in the power of Christ,  
who taught us to pray *thy Kingdom come*;  
to share his love as we serve his world.  
Amen**

### **Sunday 28<sup>th</sup> May: Pentecost Sunday**

If you then, though you are evil,  
know how to give good gifts to your children  
how much more will your Father in heaven  
give the Holy Spirit to those who ask him!  
*Luke 11:13*

Almighty God,  
your ascended Son has sent us into the world  
to preach the good news of your kingdom:  
inspire us with your Spirit and fill our hearts  
with the fire of your love,  
that all who hear your word may be drawn to you,  
through Jesus Christ our Lord. **Amen**

**Glory to God,  
whose power, at work among us,  
can do infinitely more  
than we can ask or conceive;  
to him be glory in the Church  
and in Christ Jesus,  
for ever and ever.  
Alleluia. Amen**

### **Wave of Prayer for Mothers' Union**

Lord, we pray for the witness and work of  
Mothers' Union worldwide. Today we pray for our  
members in: Angola; North Ankole in Uganda;  
Okene & Ibadan-South in Nigeria; Aberdeen &  
Orkney in Scotland and Karnataka South in India

### **Final blessing**

**We go in the power of Christ,  
who taught us to pray *thy Kingdom come*;  
to share his love as we serve his world.  
Amen**