

# Midday Prayers 2024: Transformation – Now! November Women's equality and empowerment

## Monday – Women's equality and empowerment

'The Lord is my shepherd I shall not be in want. He makes me lie down in green pastures, he leads me beside quiet waters, he restores my soul.'

Psalm 23:1-3

When our lives are dull and dry, the colour drained by the demands we face:

Lord, lead us to pastures green. Transform our parched souls into abundant places of fruitfulness with your verdant refreshment.

Shelter us in leafy shade. Restore us in times of dryness by the waters of the Spirit as we soak in your Word.

Plant us in fertile places. Transform our barrenness into lives that will produce a vibrant harvest of faith.

Surely your goodness and mercy will colour all the days of our lives, until we dwell in your house forevermore. Amen

#### Tuesday - Created equal by God

'Encourage one another and build each other up, just as in fact you are doing.'

1 Thessalonians 5:11

God of transformation who has created us equal in your image, show us how to value all people and to work towards equality for all. Help us to appreciate each other's unique qualities. Help us to treasure each other's special gifts.

May we be slow to judge and quick to forgive; ready to treat others as we wish for ourselves.

May relationships be transformed as we seek each other's good by encouragement and support; sharing together the love of Christ.

God of transformation, who has created us in your image, help us to accept each other unconditionally, as we live out your call to love our neighbour as ourselves.

Amen

### Wednesday – Gender justice matters

'Let us not get tired of doing what is right, for after a while we will reap a harvest of blessing if we don't get discouraged and give up.'

Galatians 6:9

Loving Lord, nurture us with your goodness and fill us with joy that our lives may produce the fruit of transformation.

What a privilege to serve, to share your love through word and action. What a joy to know that what we say can bring change in others. What a blessing to see, hearts touched by the riches of your grace. What a harvest to be, when seeds we sow produce fruitfulness. *John Birch* 



Loving Lord, transform us by your Spirit that our lives may yield a fruitful harvest of blessing. Amen

## Thursday – Opportunities for empowerment

'Live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God, being strengthened with all power according to his glorious might.' *Colossians 1:10-11* 

#### Lord, we would grow with you

New shoots reaching out hands stretched upward like leaves newly formed soaking up your light and warmth **Lord, we would grow with you** 

#### Lord, we would grow with you

In sunshine and rain in darkness and light in cold days and summer days from Springtime to Winter **Lord, we would grow with you** 

#### Lord, we would grow with you

And bring forth fruit
that is pleasing to you
fed by your living water
giving sustenance to others
Lord, we would grow with you.
Amen
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#### Friday - Faith in Action

'Those who sow with tears will reap with songs of joy.' *Psalm 126:5* 

#### Lord of fruitful transformation we celebrate your goodness with songs of joy.

Lord, fill us with the compassion of Christ, who wept over the plight of Jerusalem:

Transform our tears of concern into action that will enable communities to thrive.

Transform our tears of concern into prayer that our action may be Spirit-led.

We pray for a harvest of joy over families who are living well. We pray for a harvest of joy over lives which are being made whole.

We pray for a harvest of joy over hearts who respond to God's love.

Lord of fruitful transformation we celebrate your goodness with songs of joy. Amen

#### Saturday - The goodness of God

"I know the plans *and* thoughts that I have for you," says the Lord, "plans for peace *and* well-being and not for disaster, to give you a future and a hope."

Jeremiah 29:11 (AMP)

Gracious God, make known to us your plans for peace and wellbeing; to bring lasting transformation.

Lord, we pray for lives to be transformed into ones of self respect and sufficiency through effective use of your resources.

We pray for families to be transformed into strong and loving households as they explore your ways for relationship.

We pray for communities to be transformed into ones of resilience and prosperity through trust and cooperation.

Gracious God, guide us in your plans for peace and wellbeing; to transform lives for good. Amen

#### **Prayer of the Month**

May our championing
of women's equality and empowerment
provide women with the means
to lift themselves up in their communities;
highlighting God's restoration
of human dignity in relationships,
based on love and justice, not domination.
Amen

Please refer to the Prayer Diary for other prayers and the Wave of Prayer