

# MOTHERS' UNION

## MIDDAY PRAYERS MARCH 2026

### Theme - Global Invitation to Prayer and Action

#### Monday – The call to Worship

*'Come let us sing unto the Lord' (Psalm 95)*  
*"Music stirs our hearts and engages our souls in ways we cannot describe."*  
*(Hildegard de Bingen)*

We look back at the men and women in the Bible, who helped spread the word of Christ, and made sure that His sacrifice was not forgotten.

We pray for our worship leaders, our beloved clergy and lay leaders. They sing the praises of the Word and guide us to follow the path of God.

We pray also for all musicians and choirs... thank you for the gift of music, for leading us and making our prayer and worship joyful.  
*He who sings, prays twice.*  
Let us praise you with melodies from the heart. May our souls never stop singing, giving thanks, and rejoicing, calling others to prayer.  
Amen

#### Tuesday – Call to Hospitality

*'Come and See' (John 1:59)*

We give thanks for our chaplains, Bible study leaders, outreach ministry, Mothers' Union members... all those generous people who give their time and energy to the Lord, spread the good news of his Word. They are true disciples of God, who go into their communities and share the message of the Lord with bravery and passion.  
May they find those who are lost and bring them to the light. May they welcome those who need family, those who want to find meaning in their lives, and show them the global family in faith. Amen

#### Wednesday – Call to Discipleship

*'Come follow me' (Matthew 4:19)*

God, we pray for those who committed their lives to you, and those on their faith journey. We give thanks for those who teach in the Church, for baptism and confirmation groups, giving support to those who are new to faith and your wonderful ways.  
May they accept the teachings of the Lord and follow them with faith and courage.  
We pray that, as the disciples followed Christ, we can find the strength to get out into the world and share the good news as they did.  
Amen

#### Thursday – Call to Ministry of Prayer and Refreshment.

*'Come apart and rest awhile' (Mark 6:31)*

Lord, we pray that we may find clarity in this world and drown the sounds that distract us from listening to you.  
We give thanks for retreat centres; spiritual directors, soul friends, prayer group leaders. Their guidance and reflections come directly from God, inspired by their faith in Him, studious and comfortable in the silence.  
We are all sisters and brothers in the eyes of God, and we pray that we can provide refreshment and prayer to those in need.  
May all who are burdened with the pressures of life find rest and peace in the Lord. Amen

#### Friday – Call to sacrificial living

*'Come, take up your cross and follow me' (Matthew 16:24)*

Lord, we know how tough the world is, and we are thankful for the people who take it upon themselves to help any way they can. From leaders of social action and advocacy, servant ministry in church and community; civil service and peace keeping at home and abroad...

Give them the willpower to continue doing your work on earth, carrying the cross and sacrificing their time and efforts for the Lord.

We also thank the Mothers' Union, which over its 150 years of service has changed thousands of lives with its transforming Projects and Programmes. We pray that these can continue to meet the needs of our communities. Amen

## **Saturday – Call to Vigil Ministry with the suffering.**

*'Stay here and keep watch with me'*  
(Matthew 26:38)

Lord, help us do your work. Help us stand and keep watch over those who are suffering: home carers, addiction and homeless agencies, Samaritans and counselling ministries, Refuges for Domestic Abuse... Through the power of prayer, help us bring happiness and hope to the people suffering the most, and give your servants the faith to stand by them.

Provide your hands to comfort those less fortunate, so they can share their heavy burdens with us. We keep the gift of faith and share it with those who listen. If they trust us with the burdens, the power of prayer will help lighten it.

We pray that the world heals, and slowly becomes a better place, where everyone has a home, and everyone is accepted for who they are. Amen

## **Final Blessing Prayer (monthly prayer from the Prayer Diary 2026)**

Called by God to be a global family of prayer, action, and service, may God bless us with:

- hands to comfort
- a holy anger at oppression, seeking justice
- a restless discomfort with easy answers,  
so that we can seek the truth boldly
- enough foolishness to believe that we really  
can make a difference in this world.

So, we are called, with God's grace, to do what others claim cannot be done. Amen

## **Wave of Prayer**

2-4 March: Yei in South Sudan; Luweero in Uganda; On the Lake in Nigeria; Grafton in Australia; Armagh in All Ireland; and South Kerala in India.

5-7 March: Bujumbura in Burundi; Maseno South in Kenya; Ihiala in Nigeria; Cameroon; Calgary in Canada; and Ysabel in Solomon Islands.

9-11 March: Awerial in South Sudan; Mityana in Uganda; Uyo & Ajayi Crowther in Nigeria; Rupert's Land in Canada; and Patna in India.

12-14 March: Port Elizabeth in South Africa; West Ankole in Uganda; Nomadic Mission & Ekiti-Kwara in Nigeria; Worcester in England and the Episcopal Church of the Philippines.

16-18 March: Kajo-Keji in South Sudan; Tarime in Tanzania; Dutse & Akoko-Edo in Nigeria and Canterbury in England.

19-21 March: Antsiranana in Madagascar; Busoga in Uganda; Yola & Oke-Ogun in Nigeria; Algoma in Canada; and Jabalpur in India.

23-25 March: Rokon in South Sudan; Kampala in Uganda; Kaduna in Nigeria; Koforidua in Ghana; Brisbane in Australia and Peru.

26-28 March: Central Zambia in Zambia; Southern Highlands in Tanzania; Ogbaru & Badagry in Nigeria; Bermuda and Chandigarh in India.

30-31 March: Toamasina in Madagascar; Mukono in Uganda; Ikwerre & Ife East in Nigeria; Down & Dromore in All Ireland; and Delhi in India.