

MOTHERS' UNION

MIDDAY PRAYERS FOR

FEBRUARY 2026

Theme – The selfless love of Christ

Reflection for – The selfless love of Christ (reflection from the Prayer Diary 2026)

God proves His love to us in that whilst we were sinners Christ died for us. God came to us as man, in Jesus, and gave Himself for each and every one of us. Jesus never asked for anything from us, except for us to love one another. Do we do that?

(add your personal example(s), or refer to the further wording and examples in the Prayer Diary)

Monday – believe in Him

"For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life..." John 3:16

God of love – we thank you for your universal and limitless love. Strengthen our belief and faith as Christians. We strive to serve you and to make you known where you are not.

We pray for those who do not know you and need to hear that you love them.

Lord, in your mercy – hear our prayers.

We pray that they will experience your love, feel your presence and hear your Word.

Lord, in your mercy – hear our prayers.

Tuesday – boundless Love

"Greater love has no one than this: to lay down one's life for one's friends" John 15:13

His love for us is selfless and boundless. Jesus laid down His own life for His friends and our sins.

By loving one another as He loves us, we can learn how to lay down our lives, not literally, but in the service of others.

Dear Lord - help us feel your presence and let it provide the courage we need to help those experiencing challenges and trauma in their lives.

Thank you for giving us Your Son so that we can honour Him in all that we do.

Amen

Wednesday – Your gift of Mary Sumner

Generous Lord – you created Mary Sumner, who following Your Love and Light, founded Mothers' Union 150 years ago.

She faithfully stepped up and spoke out to empower women and girls helping them to fight for gender equality and rights. Thank you for Mary Sumner and thank you for Mothers' Union.

We pray for Mothers' Union and its members; a movement started in the British Isles that now gloriously inhabits the rest of Your world.

Thank you for sharing and showing us Your selfless love. Through Mary Sumner, we thank you for the courageous and loving Mothers' Union.

Amen

Thursday – in Service

"It shall not be so among you. But whoever would be great among you must be your servant, and whoever would be first among you must be your slave, even as the Son of Man came not to be served but to serve, and to give his life as a ransom for many." Matthew 20:26-28

Lord Jesus Christ – we seek to be servants and honour Your style of leadership, bringing change through service. We aim to prioritise the needs of others, the vulnerable, the anxious, those suffering trauma, violence and poverty and demonstrate to You sacrificial love.

We pray for All Your Children who work throughout Your world, through charities, churches, communities and individual acts of service, may they continue in courage and strength. We remind them that they are not alone.

Amen

Friday – Compassion

As You are the ultimate compassionate God, who sacrificed His son to free us from sin, we pray for compassion in the troubled places in the world.

Compassionate Lord - We pray for those who make decisions in our world, that they are guided to act compassionately where innocent men, women and children are at risk of conflict, war, starvation, and homelessness.

Saturday – reaffirm our Calling to serve

Lord Jesus Christ – as you gently restored Peter, who failed you profoundly, you demonstrated God's mercy and brought him back to selfless love and service.

We pray that when we fail, and we will, that we too will be restored and serve again.

Final Blessing Prayer (monthly prayer from the Prayer Diary 2026)

Loving Lord, we thank You for the endless and selfless love that You have given to us. We know that every one of Your children is known by You and loved by You, no matter what. We give thanks for the example of love we see in

You. Let those that do not know Your love or those that have not experienced love as a person should, feel Your presence, hear Your word, and know Your presence, now and always.

Amen

Wave of prayer

2-4 February: Matiosane in South Africa; Mumias in Kenya; Eha-Amufu in Nigeria; Ballarat in Australia; Niagara in Canada and North Kerala in India

5-7 February: Botswana; Marsabit in Kenya; Ida & Jebba in Nigeria; Salisbury in England; and Andaman & Nicobar Islands in India

9-11 February: Lainya in South Sudan; Ankole in Uganda; Abuja & Lagos-West in Nigeria; Lichfield in England and Karnataka North in India

12-14 February: Matana in Burundi; South Ankola in Uganda; Morogoro in Tanzania; Ohaji/Egbema in Nigeria; New Westminster in Canada and Dornakal in India

16-18 February: Bentiu in South Sudan; Bunyoro Kitara in Uganda; Okigwe-North & Omu Aran in Nigeria; Kilmore, Elphin & Ardagh in All Ireland and Krishna-Godavari in India

19-21 February: Free State in South Africa; Bondo in Kenya; Ogbia & Offa in Nigeria; Swansea & Brecon in Wales; Argentina and Uruguay

23-25 February: Wau in South Sudan; Kigeme in Rwanda; Bauchi in Nigeria; St David's in Wales and Mandalay in Myanmar

26-28 February: Mundri in South Sudan; Madi & West Nile in Uganda; Isikwuatu in Nigeria; Chichester in England and Seoul in South Korea