1 in 3 women worldwide have experienced domestic or sexual abuse and we believe this to be unacceptable. At Mothers' Union, we work alongside communities to help stop domestic abuse and GBV, as well as supporting those who have been affected by it.

Mothers Union Global Day of Action, on Saturday 25th November, is our response to the call for 16 Days of Activism against Gender-Based Violence (GBV). Members across the UK will mark one minutes silence at 1.03pm (linking with the 'No more 1 in 3' theme)

Supported by Mothers' Union in Newcastle Diocese
www.munewcastle.org.uk

'Nothing in all creation is hidden from God's sight' (Hebrews 4.13)

Information and Helplines:

UN Women: www.unwomen.org/en/what-we-do

National Domestic Abuse Helpline: 0808 2000 247

Men's Advice Line: 0808 801 0327

Northumberland Domestic Abuse Services NDAS:
www.nda.services 01434 608030

Newcastle Women's Aid: www.womensaid.org.uk
0191 261 0504 **OR** 0800 923 2622 (Mon-Fri 9.00 - 4.00)

United Nations 16 Days of Activism
25th November – 10th December

The United Nations '16 Days of Activism against Gender-Based Violence and abuse'
is an annual international campaign.

It takes place from 25th November (International Day for the Elimination of Violence against Women) until 10 December (International Human Rights Day).

Started over 30 years ago at the inaugural Women's Global Leadership Institute in 1991, the 16 days are used by individuals and organizations around the world to call for the prevention and elimination of violence against women and girls.

Throughout the campaign, **Mothers Union** joins with over 6,000 organisations from over 185 countries to raise awareness of, and call for an end to, gender-based violence and abuse in all forms and in all societies.

Gender-based violence is one of the most widespread violations of human rights. Spanning many societies, it can affect anyone at any time and takes many forms.
It can be part of a damaging cultural 'norm' or hidden behind closed doors. It can be very difficult to ask for help.

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