



Mothers' UNION

In Britain and Ireland



AFIA - since 1965 'Away From It All'

Every year MU provides holidays and away-days for families facing adversity.



In 2025 MU in Northumberland provided seven local families with a much-enjoyed group activity holiday.



Respectful Relationships

MU works with Girls' Brigade and Clewer Initiative to create resource to help young people build healthy, respectful relationships and avoid digital abuse and modern slavery.



Prisons Connection

MU offers hope for prisoners and families, assisting in visitors' centres, support groups, and offering 'fresh start' release bags of essential items.



Rise Up Campaign

MU works with other organisations to raise awareness of domestic abuse and to support victims.



'Arise, shine, for thy Light has come.'

Isaiah 60.1 KJV